



THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiam.org



71st Coastal Bend Jamboree
Registration form attached for mail in or go online to cbiam.org/jamboree/
Discount for early registration
February 7th-9th 2025 at the Omni Hotel in Corpus Christi, TX

Quarterly Fellowship Potluck
New Phoenix Group Saturday Jan 25, 2025
Potluck 6pm-8pm - Speaker at 8pm
Raffle Basket, food, fun, and fellowship

District 13 Workshop
GSR Workshop from 10am-12 Noon
Lunch Provided -Traditions Workshop 1pm-4pm
711 Broadway, Marble Falls, TX

CBIA Hours

CBIA PHONE NUMBER- (361) 992-8911 Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

CBIA OFFICE HOURS (*except on Holidays*). We will continue to work 30-hour weeks during 2024 to keep costs down.

Monday-Friday

8:30am–11:30am and 2:00pm–5:00pm

The office is open during these hours to come in and pick up items. If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time.

CBIA HOLIDAYS

January

New Year's Day

May

Memorial Day

July

Independence Day

September

Labor Day

November

Thanksgiving- 2 days

December

Christmas Day



THE MISSING LINK

(He looked at everything as the cause of his unhappiness—except alcohol). When I was eight or nine years old, life suddenly became very difficult. Feelings began to emerge that I did not understand. Depression crept into my life as I started to feel alone, even in crowded rooms. In fact, life didn't make much sense to me at all. It's hard to say what sparked all of this, to pinpoint one fact or event that changed everything forever. The fact of the matter was, I was miserable from early on in my life. It was all very confusing. I remember isolating on the playground, watching all the other children laughing and playing and smiling, and not feeling like I could relate at all. I felt different. I didn't feel as if I was one of them. Somehow, I thought, I didn't fit in.

My school marks soon reflected these feelings. My behavior and attitude seemed to become troublesome to everyone around me. I soon began spending more time in the principal's office than in the classroom. My parents, perplexed by such an unhappy son, began having difficulties. My house was soon filled with the sounds of arguments and yelling about how to handle me. I found that running away from home could supply me with some sort of temporary solace. Until of course, the police would find me and bring me back to my house and my worried parents. About that time, I started seeing therapists and specialists, each with a different theory and a different solution. They conducted special tests and interviews designed to get to the root of my troubles, and came to the conclusion that I had a learning disability and was depressed. The psychiatrist started me on some medication, and the problems in school started to clear up. Even some of the depression began to ease up for a bit. However, something still seemed fundamentally wrong.

Whatever the problem, I soon found what appeared to be the solution to everything. At age fifteen, I traveled with my family to Israel. My brother was to be bar mitzvah atop Masada. There was no legal drinking age, so I found it quite easy to walk into a bar and order a drink. New Year's Eve fell in the middle of the trip, and since the Jewish calendar celebrates a different New Year than the Gregorian calendar, the only celebration was being held in the American sector of a university. I got drunk for the first time that night. It changed everything. A stop at a local bar began the evening. I ordered a beer from the waitress and as I took the first sip, something was immediately different. I looked around me, at the people drinking and dancing, smiling and laughing, all of whom were much older than I. Suddenly, I somehow felt I belonged. From there, I made my way to the university, where I found hundreds of other Americans celebrating New Year's Eve. Before the night was over, I had started a fight with a number of college-aged drunken fellows and returned to the hotel stinking drunk and riddled with bruises. Ah yes, what a grand evening it was! I fell in love that night—with a beverage.

Returning to the States, I was determined to continue with my newfound love affair. I found myself trying to convince my friends to join me, but I was met with resistance. Still determined, I set out to find new friends, friends who could help me maintain this fantastic solution to my most desperate problems. My escapades started as a weekend pursuit and progressed into a daily obsession. At first, it took several beers to get me drunk to my satisfaction. However, within three years, it took a fifth and a half of vodka, a bottle of wine, and several beers in an evening's time to satisfactorily black me out. I would obtain alcohol by any means necessary. That meant lying, stealing, and cheating. My motto was, if you felt like I did, you'd have to get drunk too. As the feelings of hopelessness and depression progressed, so did my drinking. Thoughts of suicide came more and more frequently. It felt as if things were never going to change. Progress with my therapist came to almost a complete halt. The hopelessness was compounded by the fact that the one thing that was bringing me relief, the one thing I counted on to take the pain away, was ultimately destroying me. The end, I feared, was close.

My last semester in high school marked my bottom. It was everyday drinking then. Since I had already been accepted at college, I consciously decided to make that last semester one big party. But it was no fun at all. I was miserable. I graduated narrowly and took a job at a local garage. It was difficult to manage my drinking and a job since they were both full time; but I concocted all kinds of lies to ensure that nothing would interfere with my drinking. After being repeatedly reprimanded at work for being late in the mornings, I made up a story to hide the fact that I was always hung over. I told my manager that I had cancer and needed to go to the doctor for treatment every morning. I would say whatever I needed to say to protect my drinking. More often, I was having these little moments of clarity, times I knew for sure that I was an alcoholic. Times when I was looking at the bottom of my glass asking myself, "Why am I doing this"? Something had to give, something had to change. I was suicidal, evaluating every part of my life for what could be wrong. It culminated in one last night of drinking and staring at the problem. It made me sick to think about it, and even sicker to continue drinking it away. I was forced to look at my drinking as the chief suspect.

The next day I went to work, late as usual, and all day long I could not stop thinking about this very real problem. I could go no further. What was happening to me? Therapy hadn't fixed my life—all those sessions; I was still miserable. I might as well just kill myself, drink my way into oblivion. In one last desperate fight for a solution, I reviewed my life, searching for the missing link. Had I left out some crucial bit of information that would lead to a breakthrough, making it possible for life to become just a little more bearable? No, there was nothing, except of course my drinking.

The next morning, I went to see my therapist. I told him I'd decided to quit therapy, because after eight years, it wasn't working. But I decided to tell him how I had been searching through my life for that missing link and had come up with only one thing I had never told him: that I drank. He began asking me questions—he asked about quantities, frequency, what I drank. Before he was even halfway through, I broke down and began sobbing. I cried, "Do you think I have a problem with drinking?" He replied, "I think that is quite obvious." I then asked, "Do you think I'm an alcoholic?" And he answered, "You are going to have to find out for yourself." He pulled a list of Alcoholics Anonymous meetings out of his desk drawer; he had already highlighted the young people's meetings. He told me to go home and not drink at all for the rest of the day. He would call me at 9 p.m. and wanted to hear that I hadn't taken a drink. It was rough, but I went home and locked myself in my room, sweating it out until he called. He asked if I had had a drink. I told him I had not and asked what I should do next. He told me to do the same thing tomorrow, except tomorrow I should also go to the first meeting on the list he had highlighted. The next day I went to my first meeting of Alcoholics Anonymous. I was eighteen years old.

In the parking lot, I sat in my car for about fifteen minutes before the meeting started, trying to work up the courage to go in and face myself. I remember finally working up the nerve to open the door and get out, only to close the door, dismissing the notion of going into the meeting as ridiculous. This dance of indecisiveness went on about fifty times before I went in. Had I not gone in, I believe I would not be alive today. The room was very smoky and filled with apparently happy people. Finding a seat in the back, I sat down and tried to make sense of the format. When the chairperson asked if there were any newcomers present, I looked around and saw some hands go up, but I certainly wasn't ready to raise my hand and draw attention to myself. The meeting broke up into several groups, and I followed one group down the hall and took a seat. They opened a book and read a chapter titled "Step Seven." After the reading, they went around the table for comments, and for the first time in my life, I found myself surrounded by people I could really relate with. I no longer felt as if I was a total misfit, because here was a roomful of people who felt precisely as I did, and a major weight had been lifted. I happened to be in the last chair around the table to speak and, confused by the reading, all I could say was, "What the heck are shortcomings?" A couple of members, realizing I was there for my first meeting, took me downstairs and sat down with me and outlined the program. I can recall very little of what was said. I remember telling these members that this program they outlined sounded like just what I needed, but I didn't think I could stay sober for the rest of my life. Exactly how was I supposed to not drink if my girlfriend breaks up with me, or if my best friend dies, or even through happy times like graduations, weddings, and birthdays. They suggested I could just stay sober one day at a time. They explained that it might be easier to set my sights on the twenty-four hours in front of me and to take on these other situations when and if they ever arrived. I decided to give sobriety a try, one day at a time, and I've done it that way ever since.

When I entered Alcoholics Anonymous, I had done some damage physically, had a bouquet of mental quirks, and was spiritually bankrupt. I knew I was powerless over alcohol and that I needed to be open-minded toward what people suggested for recovery. However, when it came to spirituality, I fought it nearly every step of the way. Although raised in an ethnic and religious Jewish household, I was agnostic and very resistant to anyone and anything that I perceived to be imposing religious beliefs. To my surprise, Alcoholics Anonymous suggested something different. The idea that religion and spirituality were not one and the same was a new notion. My sponsor asked that I merely remain open-minded to the possibility that there was a Power greater than myself, one of my own "understanding." He assured me that no person was going to impose a belief system on me, that it was a personal matter. Reluctantly, I opened my mind to the fact that maybe, just maybe, there was something to this spiritual lifestyle. Slowly but surely, I realized there was indeed a Power greater than myself, and I soon found myself with a full-time God in my life and following a spiritual path that didn't conflict with my personal religious convictions. Following this spiritual path made a major difference in my life. It seemed to fill that lonely hole that I used to fill with alcohol. My self-esteem improved dramatically, and I knew happiness and serenity as I had never known it before. I started to see the beauty and usefulness in my own existence, and tried to express my gratitude through helping others in whatever ways I could. A confidence and faith entered my life and unraveled a plan for me that was bigger and better than I could have ever imagined. It wasn't easy, and it has never been easy, but it gets so much better.

Since that first meeting, my life has completely changed. Three months into the program I started college. While many of my college classmates were experimenting with alcohol for the first time, I was off at meetings and A.A. get-togethers, becoming active in-service work, and developing relationships with God, family, friends, and loved ones. I rarely thought twice about this; it was what I wanted and needed to do.

Over the last seven years, nearly everything I thought I could not stay sober through has happened. Indeed, sobriety and life are full of ups and downs. Occasionally depression can creep back into my life and requires outside help. However, this program has provided me with the tools to stay sober through the death of my best friends, failed relationships, and good times like birthdays, weddings, and graduations. Life is exponentially better than it ever was before. I'm living out the life I used to fantasize about, and I have a whole lot of work still in front of me. I have hope to share and love to give, and I just keep going one day at a time, living this adventure called life.

Minutes

CBIA BOARD OF TRUSTEE MEETING

Nov 11th, 2024

- I. Don opened the meeting with **Moment of Silence** followed by **Serenity Prayer at 6:02pm**
 - Carol read **CBIA Mission Statement**
 - Dave read **General Warranties**
 - Jim read **12 Traditions**
- II. **ATTENDANCE:** Don K. (Chair), Paul M.(Vice Chair) not present, Jim S, Jennifer N.,(not present) Carol D, Scott M,(not present) Dave W., Rita S. (Office Manager) and Terry M.(Assistant Manager)
- III. Don read minutes of **Oct 28th 2024 CBIA Quarterly Board Meeting.**
Dave motioned to accept. **Jim** seconded. **All approved**
- IV. **FINANCIAL REPORTS:** Don asked if anyone had questions about the **Oct 2024** financials that were emailed.
Dave motioned to accept.
Carol seconded. **All approved.**

October Financials Balance Sheet:

Balance Sheet	Total Funds	Profit & Loss		
Oct 2024		Oct 2024		
Petty Cash	\$50.00	Contributions	\$2,595.84	Group & Individual
Checking	\$9,807.84	Gross Sales	\$392.47	COGS (\$1239.53-\$847.06)
Prudent Reserve	\$15,653.87			
Jamboree				
Account	\$4,000.00			
Total Funds	\$29,511.71	Gross Profit	\$4102.31	
		Total Expenses	\$2,861.83	
YTD- Oct 2024		Oct Net income	\$1,240.48	
Contributions	\$18,751.16			
Jamboree	\$9,968.52			
Refund	\$340.40			
Gross Sales	\$11,548.81			
Total	\$41,997.89			
YTD Expenses	\$32,955.43			
YTD Net Income	\$1,250.37			

V. **SERVICE AREAS: Assignments for incoming Trustees**

- **12th Step:** -Dave W. nothing new to report.
- **Archives:** Paul M. not present.
- **Bilingual:** Jennifer N. not present.
- **Social:** Jennifer N. not present.
- **Coastal Bender:** Jim S. is working on a story for Dec and Jan. Will try to get both to Rita by the end of the month.
- **Corrections/Treatment Facilities:** Scott M. not present
- **Jamboree:** Paul M. not present
- **Public Information/Cooperation with Professional Community:** Carol D. mentioned she had put the Grapevines from CBIA in the yard libraries.
- **Nominations:** done for this year!

VI. OFFICE REPORT:

- A. Office Update – Plain Language Big Books came in this afternoon. Jamboree registration flyer is on the website for people to pre-register. Social Committee is taking a survey for New Year's eve dinner and candlelight meeting or New Year's Day brunch at 18th St.

VII. OLD BUSINESS: None**VIII. NEW BUSINESS: None****IX. NEXT MEETING:**

- Next CBIA Board of Trustees meeting Monday **Dec 2nd 2024** at 6:00 PM on Zoom.
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **Jan 27th, 2025 on Zoom.**

X. CLOSING:

- **Jim** moved to adjourn.
- **Dave** seconded. Motion carried.
- **Don** closed the meeting with prayer at **6:25 PM.**

Respectfully submitted,

Rita Standish

Office Manager



Speaker Meeting Updates

Alanos Group 1635 18th Street- “Friday” Night Speaker Meeting at 8PM

Doors open at 7:30pm for fellowship.

Jan 3rd - *Birthday Night*

Jan 10th –Ignacio H. (*New Phoenix Group*)

Jan 17th –Nel M. (*Lucky Ones Group*)

Jan 24th –Dudley F. (*Heights Group*) Houston, TX

Jan 31st – Brenda Lee B. (*New Phoenix Group*)

New Phoenix Birthday Night – 1st Saturday of the month

Speaker Meetings on “all other Saturdays” at 8PM

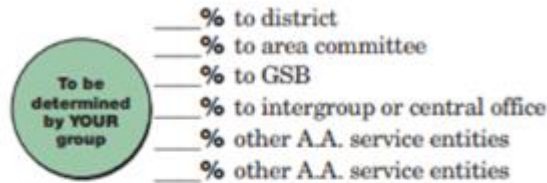
AA Meetings on Zoom

Group Name	Zoom ID #	Zoom Password	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Friday Night Speaker Meeting (CC)	434 708 8936	867742					Last Friday Only S 8:00 PM		
New Attitude Group (CC) <i>Hybrid Meetings</i>	451 546 1004	HP2016	ODN 6:00 PM		ODN 6:00 PM		ODN 6:00 PM		
New Phoenix Group (CC) <i>Hybrid Meetings</i>	886 9994 6374	336965	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 7:00 AM	OLS 7:00 AM
New Women’s Group (CC)	580 495 1776	NWGroup	WOD 7:00 PM					WOD 3:00 PM	
Turning Point Group (CC)	677 587 2132	sober			OLS 6:30 PM			OD 6:30 PM	
Weber Nooners’ Group (CC)	295 538 7558	475272	OD Noon	OD Noon	OD Noon	OD Noon	OBB Noon	OD Noon	OD Noon
Clean & Serene Group (CC)	677 587 2132	sober					GLBT/OD 7:30 PM		
Rockport Happy Hour Group	817 4546 8941	0164		CD 5:30 PM		CD 5:30 PM			
Victoria Back to Basics	662 621 1099	218223	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM		OD 7:00 PM	OD 7:00 PM	OD 7:00 PM

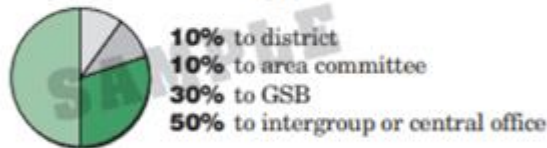
CBIA Appreciates Ongoing Support

Group Contributions : CBIA would like to express their gratitude to the AA Groups that support us all during the year, it is our second biggest source of revenue. Some groups have asked how to make distributions. The pamphlet where Money and Spiritually Mix is good to review before your group conscience decides. Here are some examples from the pamphlet:

Samples of Group Contributions to A.A. Service Entities

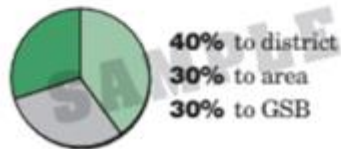


OR



OR

If you have no intergroup/central office:



We are grateful that individual members of our community have made Individual contributions to Coastal Bend Intergroup. One way is to donate on the **Birthday Club** list by just sending in a donation or drop it by the office. We are pleased with how many do send contributions throughout the year and we will continue to hope for ongoing individual support through 2024.

Where Are We Now?

Actual thru Dec 2024

Contributions & Jamboree	\$32,051.08
Gross Sales	\$13,718.66
Refund	\$340.40
Cost of Goods Sold	(\$9,155.59)
Gross Gain	\$36,700.95
Total Expenses	\$38,672.96
Other Income	\$15.70
Net Gain	\$-1,956.33



CBIA Birthday Club

The Birthday Plan is for members who wish to contribute to CBIA on their A.A. birthday. \$1 per year is suggested for each year of sobriety, but members may contribute as little or as much as they wish up to \$5,000. Donations can be made by PayPal under the Donate option on our website (www.cbiasa.org) or by Venmo to CoastalBend-Intergroup. (For anonymity, it is recommended that Venmo settings make the transaction private.) or donate by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender

NAME	HOME GROUP	SINCE	IN 2025
Gail B.	Victoria-Golden Slippers	01/01/2011	14 Years
Terry K.	CC-Sunset 7	01/01/2000	25 Years
Sheila S.	CC-New Phoenix	01/07/2007	18 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	19 Years
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	43 Years
Sandra E.	CC-Weber Road Nooners	01/20/2011	14 Years
Pat L.	CC-Hilltoppers Group	01/20/2001	24 Years
Rae T.	CC-Happy Hour Group	01/23/2006	19 Years
Ernest J.	CC-Flour Bluff Unity Group	02/15/ 2004	21 Years
Rob M.	CC-Turning Point Group (Zoom)	02/24/1985	40 Years
Mike B.	CC-New Phoenix	03/05/2014	11 Years
Janeen H.	CC-Turning Point Group	03/08/2017	8 Years
Chris N.	CC-Oso Group	03/09/2009	16 Years
Rita S.	CC-Oso Group	03/13/1977	48 Years
Mary C.	CC-Turning Point Group	03/22/1992	33 Years
Bruce R.	CC-New Phoenix Group	03/27/1985	40 Years
Phyllis H.	Rockport Fellowship Group	04/01/2004	21 Years
Marlive F.	Corpus Christi	04/08/1987	38 Years
Lisa D.	Austin, TX (18 th St)	04/21/1987	38 Years
Kelly K.	Corpus Christi	04/18/1986	39 Years
Fred C.	Corpus Christi, TX	05/13/1987	38 Years
Carol D.	CC-Happy Hour Group	05/24/2016	9 Years
Mary H.	CC-Happy Hour Group	05/24/1995	30 Years
Jackie C.	Pleasanton, TX	06/05/2014	11 Years
Gary L.	CC-New Phoenix Group	6/07/2009	16 Years
James M.	Nueces Bay Group	06/13/1993	32 Years

2025 CBIA Birthday Club (*Continued*)

NAME	HOME GROUP	SINCE	YEARS IN 2024
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Terry M.	Nueces Bay Group	06/18/1992	33 Years
Marie A.	CC-Alanos Group	06/21/1991	34Years
Robin P.	CC-Hilltoppers Group	06/22/1986	39Years
Bill Drews	Rockport-Happy Hour	07/16/1981	44 Years
Libby A.	CC-New Women's Group	07/12/1987	38 Years
Tammy B.	CC-Weber Road Nooners	08/11/1989	36 Years
April K.	Corpus Christi, TX	08/20/1984	41 Years
Scott Mc G.	CC-Hilltoppers Group	08/22/2002	23 Years
Pat E.	CC-New Women's Group	08/23/1987	38 Years
Butch R.	CC Weber Road Nooners	08/26/2006	19 Years
Mike Q.	CC- Weber Road Nooners	08/28/2000	25 Years
Fred B.	Aransas Pass Group	09/01/2002	23 Years
Hank S.	CC-Cullen Mall Group	09/07/1993	32 Years
Barb C-S	CC-New Women's Group	09/09/1985	40 Years
Valerie B.	CC-New Phoenix Group	09/13/2017	8 Years
Heather D.	CC-Weber Road Nooners	09/23/2009	16 Years
Dave D.	Rockport Fellowship	10/04/1985	40 Years
Brandelyn M.	CC-New Phoenix Group	10/09/2009	16 Years
Patrick R.	CC-New Phoenix Group	10/09/2009	16 Years
Harold B.	CC-Weber Road Nooners	10/18/2007	18 Years
Arthur A.	Canada	10/19/1998	27 Years
Tim R.	CC-New Phoenix Group	10/21/2011	14 Years
Betsy H.	CC-New Women's Group	10/22/2010	12 Years
Kruger D.	CC-New Phoenix Group	10/23/2009	16 Years
Eddie M.	CC-Weber Road Nooners	10/28/2005	20 Years
Debbie B.	CC-Weber Road Nooners	10/31/2000	25 Years
Loralei D.	CC-New Women's Group	11/06/1984	41 Years
Joanie J.	San Antonio, TX	11/28/2015	10 Years
Larry H.	Rockport Fellowship	12/04/1990	35 Years
Jimmy M.	Port Lavaca Group	12/14/1987	38 Years
Joe Mc M.	CC-Hilltoppers Group	12/21/1980	45 Years
Tony P.	CC-Hilltoppers Group	12/23/1978	47 Years
Ron S.	China, TX	12/24/2009	16 Years
John K.	CC-Cullen Mall Group	12/25/1995	30 Years
Lois H.	CC-New Women's Group	12/29/2007	17 Years

Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiala.org), by Venmo to CoastalBend-Intergroup (*For anonymity, it's recommended that Venmo settings make the transaction private.*) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

Name -----	Home Group -----	Departed -----
Gill S.	(Former Hilltoppers)	03/24/2024
Nancy G.	Turning Point Group	05/21/2024
Tom G.	Turning Point Group	05/21/2024
Gale S.	(Former New Phoenix Group)	06/01/2024
Nancy D.	Humility Group	06/23/2024
“Bama” John B.	New Phoenix Group	08/13/2024
Bill C.	(Former Weber Nooners)	09/24/2024

Have you heard it through the Grapevine yet?

AA Grapevine has gone social! It has its own podcast! Each week, longtime AA members Don and Sam interview different members about their experience, strength and hope. The half-hour podcast is a casual “meeting after the meeting” with jokes, fun and the typical AA banter. Listening to a few episodes, it’s a reminder that alcoholics are not a glum lot.

New episodes are available in English each Monday at 9:00am EST. The hosts interview their guests on getting sober, service, Steps, sponsorship and more. To listen to new or past episodes, visit www.aagrapevine.org/podcast (or wherever you get podcasts). By going to the website, members are able to email, call or leave voice recordings with comments, suggestions, jokes or recovery related questions for the Ask-It-Basket. Our Tradition of anonymity will be respected with all submissions on the show.

**Attention:**

The 4 new Trustees that were elected for 2025-2026 years are **Brian R. (Hilltoppers Group)**, **Billy E. (Weber Nooners Group)**, **Jimmy C. (New Phoenix Group)**, **Carolyn C. (Weber Road Nooners Group)** *Congratulations!*

Helpline Help Needed!

More people are needed for "The Helpline". The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup calls overnight (5 PM to 7:45 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 7:45 AM Monday). **This is a once-per-month commitment**. A minimum of nine months sobriety is required to answer calls after office hours. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**

Calls taken during the month of October by volunteers:

- 35 - Calls for meeting information**
- 0 - Twelve Step Calls**
- 7- Office Referral/Other Calls**

12 Step List

If a caller needs help beyond meeting information, the helpline volunteer passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. If interested please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Local Stories Wanted For the Coastal BENDER- Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

Treatment and Facilities Committee meets the **2nd Saturday** of each month at the New Phoenix Group at 5433 S. Staples Ste H, in Corpus Christi, TX at **2pm**. Everyone is welcome, including newcomers. You might find that you would like to be of service, and you will find it very informative even if you don't commit.

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held on Monday, **Jan 13, 2025** at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held on Monday, **Jan 27, 2025** at 6:00 PM on Zoom.

Group Announcements

New Phoenix Group

Group Conscience: 1st Sunday of each month at 1:15 PM

Birthday Night: 1st Saturday of each month at 8:00 PM followed by a **dance**

Location: 5433 S. Staples, Suite F in the Boardwalk Shopping Center; Park in back lot behind shopping center off Bonner St.

Hilltoppers Group

Group Conscience: 1st Tuesday of each month following the noon meeting

Location: First United Methodist Church @ 900 S Shoreline Dr, Room 210

Weber Road Nooners Group

Group Conscience: 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00 AM meeting

Birthdays: 1st Monday of each month at noon

Location: Travis Baptist Church @ 5802 Weber Road at Schanen; Park in lot behind church; meeting upstairs.

Calallen Group

Group Conscience: 3rd Wednesday of each month following the 6:30 PM meeting.

Birthday Night: 1st Saturday of each month with a **potluck supper** at 6:30 PM & the **birthday meeting** at 8:00 PM

Location: The Pass it on Club @ 11425 Leopard St

Flour Bluff Unity Group

Group Conscience: 2nd Sunday of each month at 12:00 noon

Birthday Night: 1st Saturday of each month with a **potluck supper** at 7:00 PM & the **birthday meeting** at 8:00 PM

Location: The Anchor Club @ 320 Anchor St

Contributions

GROUP NAME	Dec 2024	YTD 2025
Alice Recovery Crew		
Anonymous/Individual Contribution	70.00	8,058.00
CC-5th Tradition Group		55.00
Aransas Pass Group		678.83
CC - A Day Of AA In CC		100.00
CC - Alanos Group		200.00
CC - Bookmarks Group		150.00
CC - Broken Chains		5.00
CC - Calallen Group		
CC - Cullen Mall Group	100.00	500.00
CC-Day of AA		
CC - Flour Bluff Unity Group	15.90	1,147.70
CC - Happy Hour Group		
CC - Hilltoppers Group		
CC - Humility Group		
CC - Lucky Ones Group		
CC - New Attitude Group		306.02
CC - New Life Group	75.00	625.00
CC - New Phoenix Group	19.50	407.00
CC - New Women's Group		763.06
CC - Oso Group		400.00
CC - Sunset 7 Group (N Padre Island)		434.87
CC - Weber Road Nooners Group		1,101.50
CC - Turning Point Face to Face Meeting		50.00
District 7		
Cuero Burning Desire Group		
Goliad Open Arms Group		152.26
Hallettsville Group	40.00	120.00
Karnes City Mayfield Group		
Kingsville AL-K Group		9.00
Moulton Group		
Mathis Crossroads Group	40.00	140.00
Port Aransas Group		
Port Lavaca Group		
Port O'Connor Group		86.00
Portland Noon Group		120.00
Portland Nueces Bay Group		100.00
Riviera SASTO Group		
Rockport Happy Hour Group		400.00
Rockport Fellowship Group	1100.00	2800.00
Schulenburg Group		
Skidmore Group		
George West Hardcore Group		20.00
Three Rivers Choke Canyon Group		
Victoria Back to Basics Group		293.41
Victoria For Sinners Only Group	100.00	275.00
Victoria Golden Slippers Group		247.50
Victoria High Nooners Group		400.00
Victoria-Main Stream Group	50.00	200.00
Victoria-Unity Group		81.22
Victoria-Women's Group		30.00
Yorktown Group		204.00
Woodsboro Group		33.19
TOTAL	1,610.40	\$20,693.56

Coastal Bend Intergroup Association Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to...

- Establish a 24-hour helpline;
- Maintain & print meeting schedules;
- Maintain a 12-Step list whereby AA groups and individuals are able to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

1. Maintains an office open Monday through Friday from 8:30 to 11:30AM and 2:00 to 5:00PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the telephone directory and on the internet.
5. Provides a 24-hour volunteer helpline during hours when the office is closed.
6. Maintains & publishes current meeting schedules in the Coastal Bend Area.
7. Publishes a monthly newsletter, the "Coastal BENDER," to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells conference-approved literature and non-conference-approved anniversary medallions & sobriety chips.
9. Conducts monthly Board of Trustees meetings.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs. All members of Alcoholics Anonymous are welcome at these meetings since group input is essential.
11. Maintains a current website, cbiaa.org.
12. Maintains service committees for service work in the Coastal Bend Area.

Detach here.

Free e-Mail Subscription to the BENDER

NAME: _____

EMAIL: _____

Two easy ways to sign up for our monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.